

Woodward Resource Center



Purpose

Woodward Resource Center (WRC) is one of two State Resource Centers that provide a full range of active treatment and habilitation services to individuals with severe intellectual disabilities and it serves to prepare and support them to live safe and successful lives in the home and community of their choice.

Who Is Helped

Individuals who live at WRC have an intellectual or other developmental disability that require treatment and support services at level of care provided by an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID)

Today, and in the past 20 years, most individuals are admitted because of significant behavioral challenges or medical issues requiring intensive and complex active treatment.

In SFY14, 11 individuals were admitted and 31 were discharged. At the end of SFY14, 157 individuals resided at WRC. Of these, 135 (86 percent) are voluntary and 19 (12 percent) are involuntarily committed by courts.

- Four are children 17 or younger.
- 140 are adults 18 to 64.
- 13 are adults 65 or older.

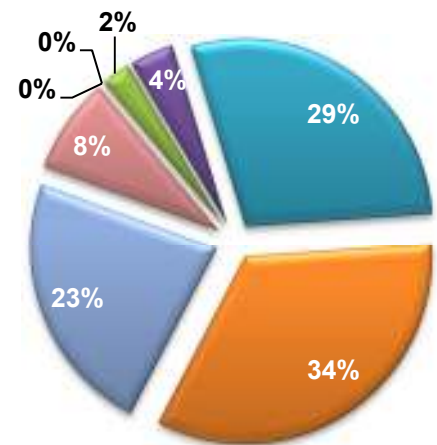
Of these individuals:

- 87 percent have a dual diagnosis of mental illness and intellectual disability.
- 45 percent have a life-threatening eating and chewing disorder (dysphagia) that makes it difficult to take in enough food and fluids.
- 50 percent are at high risk for sustaining injuries due to challenging behaviors.
- 37 percent have a seizure disorder.
- 23 percent are at high risk of food or liquid entering the airway and can get into the lungs, causing respiratory problems or infections, such as frequent bouts of pneumonia (i.e., aspiration).

A typical individual has an intellectual disability and an additional co-occurring condition such as eating and chewing disorders (dysphagia), ingesting inedible objects (PICA), self-injurious or assaultive behaviors and other severe health and behavioral difficulties, including sexual offending.

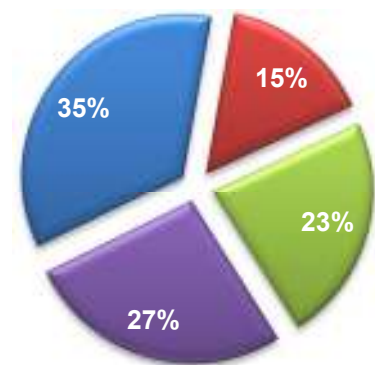
WRC Individuals Served by Age at SFY14 Year-End

- 0-5 (0%) ■ 6-12 (0%) ■ 13-17 (2%)
- 18-21 (4%) ■ 22-34 (29%) ■ 35-54 (34%)
- 55-65 (29%) ■ 65+ (8%)

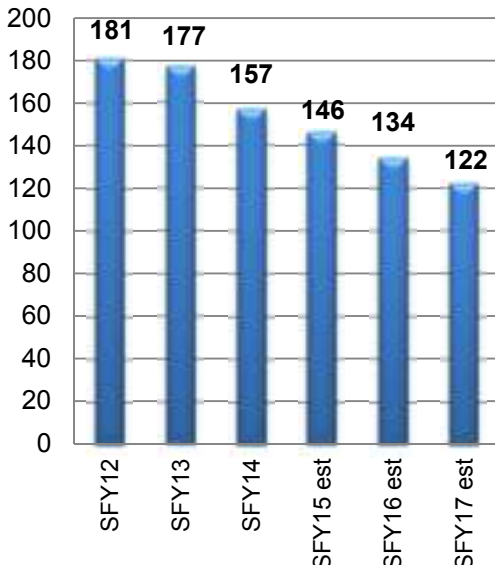


Intellectual Functioning Level at SFY14 Year-End

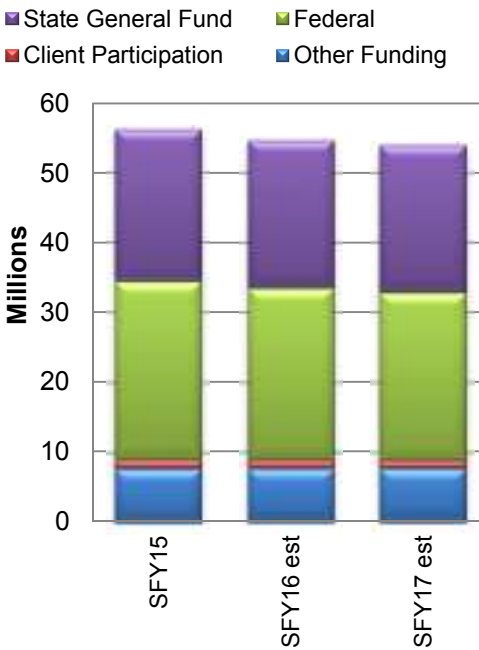
- Profound - IQ below 20 (35%)
- Severe - 20 to 34 (15%)
- Moderate - 35 to 49 (23%)
- Mild - 50 to 69 (27%)



- ✓ *An individual is admitted after no community-based provider has been found that can meet the individual's service needs.*

Services	<p>WRC maintains federal Medicaid certification as an Intermediate Care Facility for individuals with Intellectual Disabilities (ICF/ID)</p> <ul style="list-style-type: none">WRC provides active treatment and support services for individuals with intellectual disabilities.WRC actively prepares individuals to move into appropriate community-based living and to be contributing members of their community. <p>WRC Home & Community-Based Services (HCBS)</p> <ul style="list-style-type: none">WRC is also a Medicaid funded Home and Community Based Services provider.In SFY14, WRC provided daily HCBS non-residential supported community services to 44 individuals at 12 locations throughout central Iowa. <p>Iowa Technical Assistance and Behavioral Supports (I-TABS)</p> <ul style="list-style-type: none">Funded by the Iowa Medicaid Enterprise, WRC's I-TABS provides specialized training and programmatic technical assistance to Medicaid provider agencies and others. I-TABS builds community capacity to appropriately meet the serious behavioral needs of individuals with disabilities to avoid or reduce more restrictive facility placement.	<p>WRC ICF/ID Year-End Census</p>  <table><tr><th>SFY</th><th>Census</th></tr><tr><td>SFY12</td><td>181</td></tr><tr><td>SFY13</td><td>177</td></tr><tr><td>SFY14</td><td>157</td></tr><tr><td>SFY15 est</td><td>146</td></tr><tr><td>SFY16 est</td><td>134</td></tr><tr><td>SFY17 est</td><td>122</td></tr></table>	SFY	Census	SFY12	181	SFY13	177	SFY14	157	SFY15 est	146	SFY16 est	134	SFY17 est	122
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	<ul style="list-style-type: none">✓ 66 percent (425 FTEs) of the staff are direct care, 12 percent (75.6 FTEs) are treatment professionals, 6 percent (38 FTEs) are maintenance, 8 percent (49.65 FTEs) are other support staff, and 8 percent (55.22 FTEs) are administrative.✓ In SFY15, 84 percent of the Woodward Resource Center operating budget is for staffing costs and 16 percent is for support costs.✓ WRC has 157 operational beds and is the second largest ICF/ID in the state.✓ Two tenants lease space and operate programs on the WRC campus.✓ WRC maintains 92 buildings on 1,144.4 total acreage (460.8 acres managed by WRC and 683.6 acres managed by Iowa Prison Industries as rented farmland.)															
Goals & Strategies	<p>Goal: Promote choice for persons with disabilities.</p> <p>Strategy:</p> <ul style="list-style-type: none">Promote access to community-based options for persons with disabilities.Prepare and support individuals discharged from WRC to remain in the community.	<p>Results in SFY14</p> <ul style="list-style-type: none">WRC had a net decrease in population of 20. In the past five years, WRC reduced its population by 27 percent.79 percent of WRC individuals earned work wages through employment.100 percent of WRC discharged individuals remained in the community at least 180 days after discharge.														

<p>Cost of Services</p>	<p>The State Resource Center per diem is bundled and covers the total cost of service including physician, medication, dental, adaptive equipment, and other medical costs. Medicaid is billed separately by community medical providers for individuals served by private ICF/ID. Private ICF/ID do not include these costs in their per diem.</p> <p>Daily per diem rate is \$936. Total annual cost of care per person served is \$341,655.</p> <p>✓ <i>WRC is in the top ten of the largest employers in Boone and Dallas Counties with an estimated \$29 million impact to these counties and surrounding areas.</i></p> <p>✓ <i>WRC generates more than a \$5 million dollar impact for the town of Woodward alone.</i></p> <p>Sources: http://iwin.iwd.state.ia.us & WRC payroll data (7/2014)</p>
<p>Funding Sources</p>	<div data-bbox="386 604 982 1394"> <p>The Woodward Resource Center is funded by state general funds and federal funds with a small amount of funding from other sources.</p> <p>The total budget for SFY16 is \$54,655,654:</p> <ul style="list-style-type: none"> • \$21,177,749 (38.7 percent) is state general fund, including a \$5.8 million transfer from the Medical Assistance appropriation. • \$24,521,402 (44.9 percent) is federal funding. • \$7,738,867 (14.2 percent) is other funding. • \$1,217,636 (2.2 percent) is client participation. <p>Other funding includes rental and lease receipts, and HCBS revenues. Client participation reflects an assessed amount the individual clients pay towards the cost of care.</p> </div> <div data-bbox="990 604 1510 1394"> <p style="text-align: center;">SFY16 Funding</p> <p> ■ State General Fund (39%)* ■ Federal (45%) ■ Client Participation (2%) ■ Other Funds (14%) </p> <p style="text-align: right;">*Includes Medical Assistance Appropriation</p> </div> <p>✓ <i>Federal Medical Assistance Percentage is projected to decrease from 56.14 percent in SFY15 to 54.65 percent in SFY16 and 53.96 percent in SFY17.</i></p>

SFY16 & SFY17 Budget Drivers	<p>The total SFY16 WRC budget request reflects a \$521,124 (3.5 percent) general fund increase from the SFY15 Enacted Appropriation</p> <p>The total SFY17 WRC budget request reflects a \$936,631 (6.3 percent) general fund increase from the SFY15 Enacted Appropriation</p> <p>The key budget drivers of the increases are:</p> <ul style="list-style-type: none">• Reallocate State Employee Retirement Incentive Program (SERIP) funds to Medical Assistance.• Declining FMAP rate, \$669,808 in SFY16 and \$306,855 in SFY17. The federal share has decreased as Iowa's economy improves relative to other states.• Increased costs of food, pharmaceuticals, utilities and other, \$52,435 in SFY16 and \$108,652 in SFY17. <p>The total SFY16 budget reflects an overall decrease of \$1,518,707 (-2.7 percent) from SFY15 and the total SFY17 budget reflects a \$2,238,133 (-3.9percent) decrease from SFY15.</p>	<p>Total Budget Funding Mix</p>  <table><caption>Total Budget Funding Mix (Millions)</caption><tr><th>Funding Source</th><th>SFY15</th><th>SFY16 est</th><th>SFY17 est</th></tr><tr><td>State General Fund</td><td>21</td><td>21</td><td>21</td></tr><tr><td>Federal</td><td>25</td><td>24</td><td>24</td></tr><tr><td>Client Participation</td><td>1</td><td>1</td><td>1</td></tr><tr><td>Other Funding</td><td>5</td><td>5</td><td>5</td></tr><tr><td>Total</td><td>56</td><td>54</td><td>53</td></tr></table>	Funding Source	SFY15	SFY16 est	SFY17 est	State General Fund	21	21	21	Federal	25	24	24	Client Participation	1	1	1	Other Funding	5	5	5	Total	56	54	53
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	<p>✓ <i>The impact of not funding increased cost of services will be an estimated loss of 11.2 FTEs in SFY16 and 17.6 FTEs in SFY17.</i></p> <p>✓ <i>As the revenues and census continue to decline at both resource centers, each will continue to “right size” to match the needs and numbers of individuals served.</i></p>																									
Legal Basis	<p>Federal:</p> <ul style="list-style-type: none">• Code of Federal Regulations, CFR 483.400 to 483.480• The State Resource Center must comply with the Conner Consent Decree and the United States Department of Justice Consent Decree <p>State:</p> <ul style="list-style-type: none">• Iowa Code, Chapters 222 and 135C• Iowa Administrative Code, 441 IAC 28 and 30 and 481 IAC 50, 52, and 64.																									